

Withings Activité

Activity and sleep tracker

Connected Movement™



Steps and running

Activité automatically detects and analyzes you everyday moves, whether you're walking or running.



Swimming

Take your Activité to the swimming pool, and it will automatically analyze your swimming session.



Sleep

Automatic detection and analysis of sleep cycles.



Silent alarm

Activité wakes you up with light vibrations. Tap the glass of your watch, and the hands will spin to display the set alarm time.



Battery life

Up to 8 months of battery life with a standard CR2025 coin cell (included).



Water-resistance

Water-resistant to 50 meters (5ATM).



Bluetooth sync

Your data are automatically transferred on your Withings account through Bluetooth Low Energy.



French elegance

Created by Parisian designers, experts in watchmaking. Swiss Made Connected Movement™. French Barenia calf leather, from the tannery supplying Haute Couture Houses.



Technical specifications

Watch

- 316L stainless steel case
- Sapphire glass
- Dimensions: 36.3mm diameter (1.3"), 11.5mm thickness (0.45")
- Barenia French calf leather wristband, 18mm width, fits wrists with a circumference up to 195mm (7.7")

Display

- Analog dial with hands for hours and minutes
- Subdial displaying progress toward daily activity goal in percentage

Metrics

- Walking and running: steps, distance, calories
- Swimming: session duration, calories
- Sleep: deep and light sleep phases, sleep interruptions
- Automatic detection of activities, no need for user's action

Connectivity

- Bluetooth Low Energy (Bluetooth Smart Ready)

Power supply

- 1 CR2025 coin cell
- Up to 8 months of battery life

Storage and memory

- Free and unlimited online data storage with the Withings account
- Local storage of data between syncs

Compatibility

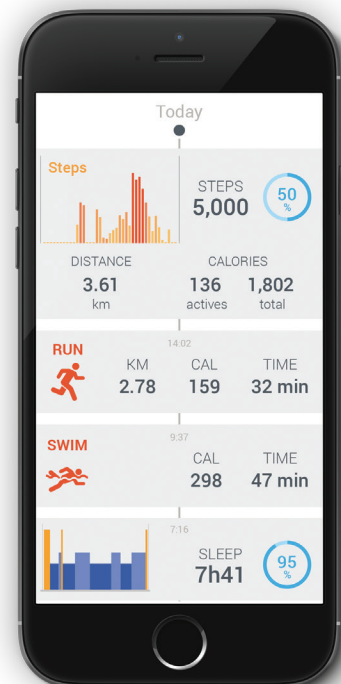
- iPhone, iPad, or iPod touch with iOS 8 or later, or smartphone/tablet with Android 4.3 or later
- Cannot be setup from a computer

Application

- Withings Health Mate app for iOS and Android
- Withings web Dashboard
- Alarm setting and activity goal customization via the app

Box content

- Activité watch with leather wristband
- Additional silicone wristband for sport sessions
- CR2025 battery (already installed)
- Reset tool
- Quick start guide (english, french, german, italian, spanish)



Withings 360° well-being experience

Pair your Activité with other Withings products for even more benefits.